

DIY SPA

As the nights draw-in, you're probably craving that little extra bit of TLC. Why not turn your weekend away into your very own do-it-yourself spa break? Run the bath, pour yourself a glass of wine, and take the time out to indulge yourself in some of these luxurious beauty products. You'll feel great and save yourself a few quid in the process!

breeze
STAR
PRODUCT

**Planet Skincare Moisturiser, £60 from
www.planet-skincare.ie**

"This product oozes luxury. The soft, subtle scent of roses combined with a creamy yet light texture ensures that your skin is given a real treat. The anti-ageing element reminds you that this product was created with your skin's best interests at heart. While some products with a similar texture would tend to be a bit greasy, this was definitely not the case. My skin absorbed the cream effortlessly. Loved it! Ten out of ten!"

Kerry, Belfast



Gillette Venus Embrace, £6.99

"All girls know that the real starting point to any productive pampering sesh is a good 'de-fuzzing' and the Venus Embrace glides like a swan and leaves the legs silky smooth and ready for generous doses of some delicious body lotion."

Vickie, Belfast



Clinique Deep Comfort Body Butter, £20

"This was a very thick cream and did make my skin feel very soft and it had no scent or perfume, which was great for my sensitive skin."

Janine, Belfast



Clarins Super Restorative Wake-Up Lotion, £23, from Debenhams, Belfast

"This is a great way to end your pampering session before going out for dinner, as it provides your skin with an instant boost and visibly diminishes signs of puffiness. And it's an absolute must on a morning!"

Pauline, Belfast



Elemis Skin Nourishing Milk Bath, £39 at www.timetospa.co.uk

"This is really lovely. It has a gorgeous smell and it left my skin feeling soft and smooth. It was extremely luxurious and I did not want to get out of the bath!"

Sinead, Belfast



Miller Harris L'Air de Rien Body Cream, £49 from www.millerharris.com

"This has a lovely texture and is great for dry skin. It contains margold, almond oil, vitamin E and jojoba oil to leave the skin soft. Use it sparingly as the scent - although lovely - can be a little overpowering."

Cara, Feeney



Ziaja Cranberry and Wild Strawberry Moisturiser, £5.99 from www.ziaja.ie

"My favourite thing about this cream was that it smelt absolutely divine and left me feeling 'yummy' all day long. It's a constant reminder of summer to get you through the long, dark days of winter!"

Louise, Lurgan



Shampoo and Conditioner from Bumble and Bumble, £16.50 and £17.50

"At last - I have found a shampoo and conditioner that does what it says on the bottle! Due to a very sensitive scalp I am always reluctant when trying new products, however I have had no irritation with the Bumble and Bumble range. The coconut smell is light, refreshing and relaxing and in my opinion just right. Ten out of ten!"

Nula, Carryduff



Seah Hairspa Fango Mud smooth and detox mask from Schwarzkopf, £16.25

"I was very impressed with the results of this hair detox mask from Schwarzkopf. I left it on my hair for an extra 15 minutes to let it soak in. My hair immediately felt much softer."

Francesca, Derry



Skin Sparkle Radiance Revealing Polish System from Virgin Vie, £15

"There are two simple steps to this - the first being the skin polish, which is applied to dry skin and massaged gently. Before removing this, you then apply the skin sparkle gel on top and this acts as an activator, which provides a warm sensation. My skin felt so soft and it appeared smoother and more radiant than it has been for a long time. It was fantastic!"

Bernadette, Dunmurry



Compagnie de Provence Extra Pur Body Lotion, £13.95

"The grapefruit scent is lovely and refreshing and it's the perfect antidote to getting too sleepy in the bath!"

Vickie, Belfast



Shiseido Cleansing Foam, £32.34 from Debenhams, Belfast

"I have combination skin which often becomes dry, so I was delighted with the results. My skin tone improved giving a soft and nourished finish - fantastic!"

Sinead, Belfast



Mayfair Hand Wash from Nails Inc, £12

"A real treat for hands. This product leaves hands soft and moisturised. The packaging is classic and it does enhance any bathroom."

Diane, Belfast



Elemis Exotic Frangipani Manoi Moisture Melt, £29 at www.timetospa.co.uk

"After a long soak in the bath this is a delightful product to use - it's so refreshing and nourishing. The skin feels soft and cared for. I will certainly use this product again and again!"

Pauline, Belfast



M&S Earth Spa Bath & Body Wonder Oil, £7

"The truth is that this oil made me feel very much like a movie star - which I definitely am not! It's soft and silky to touch and definitely one of the best oils around."

Adeline, Dromore



Jigsaw Organics Body Cream, £22.50 from Jigsaw

"I love this body cream; it's very rich but not overpowering. It soothes and smoothes! A special treat that makes you feel better right away."

Fiona, Belfast



Clarins Super Restorative Replenishing Comfort Mask, £14 from Debenhams, Belfast

"This rich and creamy mask nourishes the skin, leaving it feeling soft and toned, leaving it feeling fresh and radiant."

Pauline, Belfast

